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Plan Benefits Summary



AlabamaBlue.com



Effective for plan years on and after January 1, 2023

Blue Cross and Blue Shield of Alabama is an independent licensee of the Blue Cross and Blue Shield Association.

Prescription Drugs: ValueONE Network

ValueONE Network Facts:

- 51,000 major national and regional pharmacy chains, retailers and grocers, and independent pharmacies participate in the ValueONE Retail Network. This includes many national pharmacies you may already be using.
- 50,000 major national and regional pharmacy chains, retailers and grocers, and independent pharmacies participate in the ValueONE Extended Supply Network (ESN). This includes many national pharmacies you may already be using.
- Generally, ValueONE Retail Network pharmacies can fill up to a 30-day supply of retail drugs while ValueONE ESN Network pharmacies can fill up to a 90-day supply of certain medications (prescription must be written for up to a 90-day supply). Refer to your benefit booklet for the specific day supply permitted by your benefit plan. Since the type of pharmacy differs within the ValueONE Network, be sure to check your specific pharmacy.
- If you do not use a ValueONE Network pharmacy, you may be responsible for the full cost of your prescription medication. Benefits may not be provided for out-of-network pharmacies.
- To maximize your pharmacy benefits, you will need to transfer all your prescriptions to a ValueONE Network pharmacy.

Find a ValueONE Network Pharmacy

You can locate all of the participating pharmacies in your area at

AlabamaBlue.com/ValueONERetailPharmacyLocator. Click on "Find a Pharmacy by Name or Location" located under Find a Pharmacy. When searching for a participating pharmacy, make sure either "ValueONE Retail Network" or "ValueONE ESN Network" is listed under "Network Participation" located to the right of the pharmacy address.

Blue Saver[®] Bronze for Business Effective for Plan Years on and after January 1, 2023 BlueCard[®] PPO

BlueCard® PPO							
BENEFIT	IN-NETWORK	OUT-OF-NETWORK					
Benefit payments are based on the amount o	f the provider's charge that Blue Cross and/or Blue	Shield plans recognize for payment of benefits.					
The allowed amount may vary depending upon the type provider and where services are received. SUMMARY OF COST SHARING PROVISIONS (Includes Mental Health Disorders and Substance Abuse) Calendar year deductibles and out-of-pocket maximums will be calculated in accordance with applicable Federal law.							
					Calendar Year Deductible	\$7,850 Individual; \$15,700 Family	\$15,700 Individual; \$31,400 Family
The in-network and out-of-network calendar year deductibles are separate and do not apply to each other							
Calendar Year Out-of-Pocket Maximum (including in-network calendar year deductible)	\$7,850 Individual; \$15,700 Family	There is no out-of-pocket maximum for out- of-network services					
Deductibles, copays and coinsurance for in- network services and out-of-network Mental Health Disorders and Substance Abuse emergency services apply to the out-of-pocket maximum	After you reach your individual Calendar Year Out- of-Pocket Maximum, applicable expenses for you will be covered at 100% of the allowed amount for remainder of calendar year						
	ATIENT HOSPITAL AND PHYSICIAN BEN es Mental Health Disorders and Substand						
Precertification is required for inpatient admissions (except medical emergency services, maternity admissions and as required by Federal law); notification within 48 hours for medical emergencies. Generally, if precertification is not obtained, no benefits are available. Call 1-800-248-2342 (toll-free) for precertification.							
Inpatient Hospital	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible					
		Note: In Alabama, available only for medical emergency services and accidental injury					
Inpatient Physician Visits and Consultations	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible					
	OUTPATIENT HOSPITAL BENEFITS						
	es Mental Health Disorders and Substan						
Alaba	ent hospital benefits. Precertification is also requi maBlue.com/ProviderAdministeredPrecertificatior recertification is not obtained, no benefits are ava	DrugList.					
Outpatient Surgery (Including	Covered at 100% of the allowed amount	Covered at 50% of the allowed amount					
Ambulatory Surgical Centers)	subject to calendar year deductible	subject to calendar year deductible; in					
		Alabama, not covered					
Emergency Room (Medical Emergency)	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 100% of the allowed amount subject to calendar year deductible					
Emergency Room (Accident)	Covered at 100% of the allowed amount	Covered at 100% of the allowed amount					
	subject to calendar year deductible	subject to calendar year deductible when					
Note: If you have a medical emergency as	, ,	services are rendered within 72 hours of the					
defined by the plan after 72 hours of an accident,		accident; 50% of the allowed amount subject					
refer to Emergency Room (Medical Emergency) above.		to calendar year deductible when services					
Emergency above.		are rendered after 72 hours of the accident					
		and not a medical emergency as defined by					
Emergency Room Physician	Covered at 100% of the allowed amount	the plan Covered at 100% of the allowed amount					
	subject to calendar year deductible	subject to calendar year deductible					
Outpatient Diagnostic Lab, X-ray,	Covered at 100% of the allowed amount	Covered at 50% of the allowed amount					
Pathology, Dialysis, IV Therapy,	subject to calendar year deductible	subject to calendar year deductible; in					
Chemotherapy & Radiation Therapy		Alabama, not covered					
Intensive Outpatient Services and	Covered at 100% of the allowed amount	Covered at 50% of the allowed amount					
Partial Hospitalization for Mental Health	subject to calendar year deductible	subject to calendar year deductible; in					
and Substance Abuse		Alabama, not covered					

BENEFIT	IN-NETWORK	OUT-OF-NETWORK		
	PHYSICIAN BENEFITS			
	es Mental Health Disorders and Substand			
Precertification is required for some phy	vsician benefits. Precertification is also required f	or some provider-administered drugs; visit		
AlabamaBlue.com/ProviderAdministeredPrecertificationDrugList. If precertification is not obtained, no benefits are available.				
Office Visits, Consultations, Second Surgical Opinion & Psychotherapy	Covered at 100% of the allowed amount after \$40 physician visit copay for the first three illness-related Office Visits per member; thereafter, covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible		
Telephone and Online Video Physician Consultations Program	Covered at 100% of the allowed amount subject to a \$45 copayment per consultation	Not covered		
To enroll in the telephone and online video consultations program, go to AlabamaBlue.com/Teleconsultation or call 1- 855-477-4549.				
Telephone and online video consultations are available to diagnose, treat and prescribe medication (when necessary) for certain medical issues				
Surgery & Anesthesia	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible		
Maternity Care	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible		
Diagnostic Lab, X-ray, Pathology, Dialysis, IV Therapy, Chemotherapy & Radiation Therapy	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible		
	PREVENTIVE CARE BENEFITS			
Routine Immunizations and Preventive Services	Covered at 100% of the allowed amount; no copay or deductible	Not covered		
See AlabamaBlue.com/PreventiveServices and				
AlabamaBlue.com/StandardACAPreventive DrugList for a listing of the specific drugs, immunizations and preventive services or call our Customer Service Department for a printed copy.				
Certain immunizations may also be obtained through the Pharmacy Vaccine Network. See				
AlabamaBlue.com/VaccineNetworkDrugLis t for more information.				
Note: In some cases, office visit copays or fa	cility copays may apply	1		
	PEDIATRIC VISION BENEFITS			
Pediatric Eye Exam Limited to one exam (including refraction) per member per calendar year up to the end of the month in which the member turns 19.	Covered at 100% of the allowed amount subject to calendar year deductible	Not covered		
Pediatric Glasses or Contact Lenses Limited to one pair of prescription glasses per member per calendar year; contact lenses are limited to one 12-month supply per member per calendar year. Benefits are available up to the end of the month in which the member turns 19.	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 100% of the allowed amount subject to calendar year deductible		

BENEFIT	IN-NETWORK	OUT-OF-NETWORK		
PRESCRIPTION DRUG BENEFITS (Includes Mental Health Disorders and Substance Abuse) Precertification is required for some drugs, if no precertification is obtained, no benefits are available.				
Retail Prescription Prepaid Drug Benefits	Tier 1 Drugs: Covered at 100% of the allowed amount after \$20 copay per prescription	Not covered		
 The retail pharmacy network for the plan is the ValueONE Network. Locate a ValueONE Retail Network Pharmacy at AlabamaBlue.com/ValueONERetail PharmacyLocator Prescription drugs can be dispensed for up to a 30-day supply. View the Source+Rx 1.0 Drug list that applies to the plan at AlabamaBlue.com/2023SourcePlusRx1 DrugList 	 Tier 2 Drugs: Covered at 100% of the allowed amount after \$35 copay per prescription Tier 3 Drugs: Covered at 100% of the allowed amount subject to calendar year deductible Tier 4 Drugs: Covered at 100% of the allowed amount subject to calendar year deductible 			
 Maintenance prescription drugs can be dispensed for up to a 30-day supply View the Maintenance Drug List that applies to the plan at AlabamaBlue.com/MaintenanceDrugLi st Tier 5 and 6 (Specialty) drugs can be dispensed for up to a 30-day supply. The only in-network pharmacy for some Tier 5 and 6 (Specialty) drugs is the Pharmacy Select Network. View the Specialty Drug List that applies to the plan at AlabamaBlue.com/SelfAdministeredSp ecialtyDrugList Some immunizations may be received from an in-network pharmacy that participates in the Pharmacy Vaccine Network. A list of the eligible vaccines these pharmacies may provide can be found at AlabamaBlue.com/VaccineNetworkDrug List 	Tier 5 (Preferred Specialty) Drugs: Covered at 100% of the allowed amount subject to calendar year deductible Tier 6 (Non-Preferred Specialty) Drugs: Covered at 100% of the allowed amount subject to calendar year deductible Covered Insulin Products: \$99 maximum cost share per 30-day supply			
List Extended Supply Prescription Prepaid Drug The extended supply pharmacy network for the plan is the ValueONE ESN Network • Locate a ValueONE ESN Pharmacy at AlabamaBlue.com/ValueONEESNPharmac yLocator Only maintenance prescription drugs can be purchased through this extended supply pharmacy service - up to a 90-day supply with one copay for each 30 day supply • View the Maintenance Drug List that applies to the plan at AlabamaBlue.com/MaintenanceDrugList • View the Source+Rx 1.0 Drug list that applies to the plan at AlabamaBlue.com/2023SourcePlusRx1Dru gList	Tier 1 Drugs: Covered at 100% of the allowed amount after \$20 copay per prescription Tier 2 Drugs: Covered at 100% of the allowed amount after \$35 copay per prescription Tier 3 Drugs: Covered at 100% of the allowed amount subject to calendar year deductible Tier 4 Drugs: Covered at 100% of the allowed amount subject to calendar year deductible Tier 5 (Preferred Specialty) Drugs: Not covered Tier 6 (Non-Preferred Specialty) Drugs: Not covered	Not covered		
	Covered Insulin Products: \$99 maximum cost share per 30-day supply			

BENEFIT	IN-NETWORK	OUT-OF-NETWORK		
(Includ	PRESCRIPTION DRUG BENEFITS es Mental Health Disorders and Substand			
(Includes Mental Health Disorders and Substance Abuse) Precertification is required for some drugs, if no precertification is obtained, no benefits are available.				
Select Generic Specialty and Biosimilar Drugs	Covered at 100% of the allowed amount; no copay or deductible	Not covered		
Generic specialty and biosimilar drugs can be dispensed for up to a 30-day supply. The only in-network pharmacy for some generic specialty and biosimilar drugs is the Pharmacy Select Network .				
• View the Select Generic Specialty and Biosimilar Drug List that applies to the plan at AlabamaBlue.com/SelectGenericSpecialty andBiosimilarDrugList.				
	ENEFITS FOR OTHER COVERED SERVIC			
	es Mental Health Disorders and Substand			
	quired for some other covered services; please se precertification is not obtained, no benefits are avai			
Allergy Testing & Treatment	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible		
Ambulance Service	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 100% of the allowed amount subject to calendar year deductible		
Chiropractic Services Limited to 15 visits per member per calendar year	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible; in Alabama, not covered		
Durable Medical Equipment (DME)	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible		
Rehabilitative Occupational, Physical and Speech Therapy Occupational, physical and speech therapy limited to combined maximum of 30 visits per member per calendar year	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible		
Habilitative Occupational, Physical & Speech Therapy Occupational, physical and speech therapy limited to combined maximum of 30 visits per member per calendar year	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible		
Autism-Related Rehabilitative and Habilitative Occupational and Speech Therapy Children ages 0-18 with an autism diagnosis are allowed unlimited visits for occupational and speech therapy	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible		
Home Health and Hospice	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible; in Alabama, not covered		
Home Infusion	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible; in Alabama, not covered		
Medical Nutrition Therapy Services	Covered at 100% of the allowed amount subject to calendar year deductible	Covered at 50% of the allowed amount subject to calendar year deductible		
For adults and children, 6 hours each calendar year				
	PEDIATRIC DENTAL BENEFITS			
Benefits are available up to the end of the Diagnostic and Preventive Services	he month in which the member turns 19. See your b Covered at 100% of the allowed amount;	enefit booklet for visit and treatment limits. Not covered		
Examples include: Dental exams, routine cleanings, fluoride treatment, bitewing x-rays, full mouth x-rays and panoramic film, tooth sealants and topical fluoride varnish	no copay or deductible			

BENEFIT	IN-NETWORK	OUT-OF-NETWORK		
Basic Services	Covered at 100% of the allowed amount;	Not covered		
Examples include:	no copay or deductible			
Tooth color and silver amalgam fillings, simple				
tooth extractions, non-surgical root canal,				
emergency treatment for pain and repairs to crowns, inlays, onlays and dentures				
Major Services	Covered at 100% of the allowed amount	Not covered		
	subject to calendar year deductible			
Examples include:				
Oral surgery, general anesthesia, periodontic				
exams, removal of diseased gum tissue and bone, crowns, onlays, core buildup, dentures,				
implants and bridges				
Medically Necessary Orthodontic	Covered at 100% of the allowed amount	Not covered		
Services	subject to calendar year deductible			
HEA	LTH MANAGEMENT AND ADDITIONAL B	ENEFITS		
(Includes Mental Health Disorders and Substance Abuse)				
Individual Case Management	Coordinates care in event of catastrophic or lengthy illness or injury. For more information, please call 1-800-821-7231 .			
Chronic Condition Management	Coordinates care for chronic conditions such as asthma, diabetes, coronary artery disease,			
	congestive heart failure, chronic obstructive pulmonary disease and other specialized conditions.			
Baby Yourself [®]	A maternity program; for more information, please call 1-800-222-4379 . You can also enroll			
	online at AlabamaBlue.com/BabyYourself.			
Air Medical Transport	Air medical transportation to a network hospital near home if hospitalized while traveling more			
	than 150 miles from home; to arrange transportation, call AirMed at 1-877-872-8624.			

Useful Information to Maximize Benefits

- To maximize your benefits, always use in-network providers for services covered by your health benefit plan. To find in-network providers, check a provider directory, provider finder website (AlabamaBlue.com) or call 1-800-810-BLUE (2583).
- In-network hospitals, physicians and other healthcare providers have a contract with a Blue Cross and/or Blue Shield Plan for furnishing healthcare services at a reduced price (examples: BlueCard[®] PPO, PMD). In-network pharmacies are pharmacies that participate with Blue Cross and Blue Shield of Alabama or its Pharmacy Benefit Manager(s). In Alabama, in-network services provided by mental health disorders and substance abuse professionals are available through the Blue Choice Behavioral Health Network. Sometimes an in-network provider may furnish a service to you that is not covered under the contract between the provider and a Blue Cross and/or Blue Shield Plan. When this happens, benefits may be denied or reduced. Please refer to your benefit booklet for the type of provider network that we determine to be an in-network provider for a particular service or supply.
- Out-of-network providers generally do not contract with Blue Cross and/or Blue Shield Plans. If you use out-of-network providers, you may be responsible
 for filing your own claims and paying the difference between the provider's charge and the allowed amount. The allowed amount may be based on the
 negotiated rate payable to in-network providers in the same area, the average charge for care in the area, or in accordance with applicable Federal law.
- Please be aware that providers/specialists may be listed in a PPO directory or provider finder website, but not covered under this benefit plan.
 Please check your benefit booklet for more detailed coverage information.
- Please refer to your benefit book or contact Blue Cross directly about coverage for your hospital charges and other related medical services. Approval for air medical transportation does not mean that hospitalization and other medical expenses will be covered. All coverage determinations for medical benefits are subject to the terms, conditions, limitations and exclusions of the health plan. Air medical transportation services are provided through a contract with AirMed International, LLC, an independent company that does not provide Blue Cross and Blue Shield of Alabama products. Blue Cross is not responsible for any mistakes, errors or omissions that AirMed, its employees or staff members make. Air medical transportation services terminate if coverage by your health plan ends.

This is not a contract, benefit booklet or Summary Plan Description. Benefits are subject to the terms, limitations and conditions of the group contract (including your benefit booklet). Check your benefit booklet for more detailed coverage information. Please visit our website, AlabamaBlue.com.